		MONDAY / LUNES
7:30PM	hrsHR	BC NA Online Meeting, BC, (WEB,VM)
		TUESDAY / MARTES
12:15PM	hrsHR	Staying Clean, Passcode: recovery, Vancouver, BC,
6:00PM	hrsHR	Miracles Can.Do.Will Happen, BC. (O.WEB.VM)

WEDNESDAY / MIÉRCOLES 8:00PM hrsHR The Community Cares Meeting, 76 - 5th Ave., Lillooet, BC, V0K 1V0 (O,To)

THURSDAT / JUEVES
r Dope Women's Meeting, BC, (W,WEB,VM)
cotics Annonymous Meeting of Hope, 1300 Pine Ave,
1D AET (C CL D IT To WC) First Thursday of the month we

10:00AM	hrsHR	Hope After Dope Women's Meeting, BC, (W,WEB,VM)	
7:00PM	hrsHR	Trails Narcotics Annonymous Meeting of Hope, 1300 Pine Ave,	
		Trail, BC, V1R 4E7 (C,CL,D,JT,To,WC) First Thursday of the month we	
		focus on Steps	

		JATURDAT / JABADU
8:00AM	hrsHR	AM/NA, (WEB,VM)
7:00PM	hrsHR	Miracles Can, Do, Will Happen, (O, BK, WEB, VM)

MEETING FORMAT LEGEND			
BK	Book Study	С	Closed
CL	Candlelight	D	Discussion
JT	Just for Today	0	Open
То	Topic	VM	Virtual Meeting
W	Women	WC	Wheelchair
WEB	Online Meeting		

HELPLINES	
Bahamas	242-426-5245
Bay Area/Pinellas (Pinellas County)	727-547-0444
Boca Raton/Delray Beach	561-393-0303
Bradenton	941-957-7910
Daytona Beach (Volusia County)	800-206-073
First Coast Area (Duval County)	904-723-5683
Forest/Ocala (Marion City)	352-368-6063
Gainesville (Uncoast Area)	352-376-8008
Jacksonville	800-576-435
Heartland Area (Lakeland/Polk County)	863-683-0630
Melbourne/Titusville	321-631-4357
Nature Coast	352-508-1604
New Port Richey/Zephrhills	800-691-5551
North-West Florida	800-467-7314
Palm Coast Area	561-848-6262
Recover Coast Area (Pasco County)	727-842-2433
River Coast Area (Hernando County)	352-754-7200
Suncoast Area (Sarasota)	941-257-5055
South Florida Region	866-288-6262
Space Coast Area (Brevard County)	321-631-4357
St- Petersburg/Clearwater/Pinellas County	727-547-0444
Tallahassee/Big Bend	850-224-2321
Tampa (Hillsborough County)	813-879-4357
Treasure Coast (St- Lucie County)	888-624-6822
Unity Springs (West Volusia County)	888-385-3121

SER	/ICF	MFF	TINGS

PHONE NUMBERS

## What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65



## BRITISH COLUMBIA REGION MEETING LIST JULY 2025

24 HOUR HELPLINE 866-579-8333

Florida Relay for the Deaf 800-955-8771

Greater Orlando Area Service Committee PO Box 532095 Orlando, FL 32853-2095

http://orlandona.org

## **SUGGESTIONS FOR EVERYONE**

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK, IT WORKS

Meetings Weekly: 8